

Note:

The following curriculum is a consolidated version. It is legally non-binding and for informational purposes only.

The legally binding versions are found in the University of Innsbruck Bulletins (in German).

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Based on § 25 para. 1 no. 10 of the Universities Act 2002, BGBI. I (civil code) no. 120, and §38 of the “Study Law Regulations” part of the statutes, re-disclosed in the University of Innsbruck bulletin of 3 February 2006, Issue 36, No. 90, in the latest version, the following is decreed:

**Curriculum for the
Continuing Education Programme of
“Intervention and Counselling for Sexual Issues”
at the University of Innsbruck**

§ 1 Qualification Profile

The graduates of the continuing education programme

have an extensive historic and cultural science related knowledge of the development of sexual and partnership-related behavioural patterns and types of experiences;

know different paradigmatic and methodological approaches for the aetiology and different types of intervention for problems of sexual behaviour and experience;

have the required knowledge for intervening in an helpful way in case of difficulties in the area of sexuality (not for psychotherapeutic intervention!);

have special knowledge of all sorts of different sexual behaviours and experiences including the problems that arise from discrimination and exclusion in case of non-heteronormative sexual experiences and behaviour;

have a command of special forms of intervention for counselling in cases of sexual violence and sexual traumatisation including information on suitable therapeutic measures;

know about special forms of explanation and intervention in case of perverse and deviant sexual behaviour;

have a knowledge of problems related to sexual orientation, gender identity disorder, transsexuality and transgender, to give such clients advice and to recommend suitable specialists;

have a special knowledge in the area of problems related to sexual orientation, gender identity disorder, transsexuality and transgender;

are able to give advice to sexually deviant persons and sexual offenders and to refer them to suitable therapeutic measures;

know about the special issues of counselling for disabled persons and their sexual concerns;

know the medical and psychosocial basics of people in an advanced age and have the competence to offer counselling and support to them;

know their limits, especially with view to treating pathological disorders.

§ 2 Scope and Duration

The continuing education programme covers 22 semester hours (SSt) and 60 ECTS-credits. One ECTS-credit corresponds to a workload of 25 hours. This continuing education programme is offered as part-time programme and has a duration of four semesters.

§ 3 Admission

- (1) Only persons that have been admitted to the continuing education programme according to §4 para. 4 and have paid their tuition fee can be admitted as non-degree students at the University of Innsbruck by the rectorate.
- (2) The deadlines for the admission procedure are fixed and announced before the start of the semester at the website of the University of Innsbruck and in other suitable media.
- (3) Applications for admission to the continuing education programme must be made in time and by appending the required documents (application form, CV and motivational letter in original version and confirmations of degrees and/or job experience in copy).
- (4) A maximum of 25 participants are admitted to the continuing education programme in each academic year.

§ 4 Admission Procedure

- (1) Admission is effected in the winter semester; the first time in the winter semester 2012/13.
- (2) Admission requirements: The continuing education programme is accessible to
 1. graduates of a bachelor or diploma study programme of social work, social pedagogy, educational science, psychology or medical science.
 2. psychotherapists in training under supervision and graduates of a subject -specific education according to the regulations of the psychotherapy law of the country of origin and the advanced level health professions that are regulated by law (acc. to MT D-G and GuKG) in Austria.
 3. In case of several years (at least three years) of relevant professional experience the head of the programme can also agree to an admission without the requirements listed in no. 1 and 2, if university entrance qualification or the admission to the propedeutic studies in psychotherapy or a comparable qualification from abroad can be presented.
- (3) An application interview gives the programme applicants the opportunity to discuss the information given in their application and to present their views on the course-relevant professional objectives. The application interview takes place in front of an application committee that is summoned by the head of the programme and consists of the head of the programme and one programme lecturer who is asked by the head to join.
- (4) The head of the programme decides on the admission based on the requirements listed in paragraph two and the application interview.

§ 5 Types of courses

- (1) Lectures with tutorials (VU) are courses with continuous performance assessment that introduce to the subject area or to parts of the specialist field and its methods. They feature practical tutorials and give instructions required for the independent acquisition of knowledge.

- (2) Tutorials (UE) are courses with continuous performance assessment that predominantly serve the communication of practical skills and the scientific dealing with practice-relevant tasks.
- (3) Proseminars (PS) are courses with continuous performance assessment that offer an in-depth specialist perspective acquired in discussions. The subject matter is discussed from different perspectives and differentiated.
- (4) Seminars (SE) are courses with continuous performance assessment that include contributions on a given or suggested theme that is dealt with and the specialist knowledge of which is acquired in an independent way.
- (5) Conversation classes (KO) are courses with continuous performance assessment in which approaches, methods and problems of writing a thesis are discussed.

§ 6 Compulsory Modules

The following compulsory modules covering 60 ECTS-credits must be passed:

1.	Compulsory Module: Orientation Unit	SSt	ECTS-Credits
a.	PS Historic and Biographic Approaches to Sexual Experiences and Behaviour	2	4
b.	PS Cultural Context and Social Change of Sexual Experiences and Behaviour	1	3
	Total	3	7
This module covers historic-anthropological as well as phylogenetic and ontogenic and biographic developments of sexual experiences and behaviour to the present time.			
Objectives: Students that have passed the module know the historicity and adaptability of sexual experiences and behaviour and their dependencies on cultural contexts and social rules and conventions.			
Prerequisites: none			

2.	Compulsory Module: Bio-Psycho-Social and Sexual-Medical Fundamentals and Diagnosis	SSt	ECTS-Credits
a.	PS Sexuality as Psycho-Social Phenomenon	1	2
b.	PS Fundamentals of Sexual Medicine and Sexual-Medical Diagnosis including Infectious Diseases and Aids	1	3
	Total	2	5
The first part of the module deals with the outlining and problematization of sexual experiences and behaviour as complex bio-psycho-social model that goes beyond one-sided biological and psychological perspectives and in the second part of the module fundamental knowledge of sexual medicine and diagnostics is imparted, also including questions of infectious sexually transmitted diseases and the basic principles of HIV-Aids counselling.			
Objectives: Students that have passed the module are able to understand and analyse sexuality as complex bio-psycho-social unit based on sexual-medical and diagnostic principles.			
Prerequisites: none			

3.	Compulsory Module: Concepts and Methods of Sexual Counselling	SSt	ECTS-Credits
	PS Concepts and Methods of Sexual Counselling	1	3
	Total	1	3
	The module introduces to the most important principles, methods and forms of interventions of professional sexual counselling.		
	Objectives: Students that have passed the module know the methodological and practice-related basics of professional sexual counselling.		
	Prerequisites: none		

4.	Compulsory Module: Different Methodological Approaches to Human Sexuality	SSt	ECTS-Credits
a.	SE Psychoanalytic and Psychodynamic Approaches to Sexuality and Sexual Disorders	1	3
b.	SE Systemic-Family-Therapy Approaches to Sexuality and Sexual Disorders	1	3
c.	SE Behavioural Therapy Approaches to Sexuality and Sexual Disorders	1	3
	Total	3	9
	The module introduces to and enhances knowledge in three different paradigmatic approaches to sexuality and sexual disorders and conveys resulting scientific findings on human sexuality experiences and behaviours and their symptomatic deviances.		
	Objectives: Students that have passed the module know the methodological and practice-related basics of professional sexual counselling.		
	Prerequisites: none		

5.	Compulsory Module: Integrative Treatment Options	SSt	ECTS-Credits
	SE Work with Sexual Dysfunctions including Hypoactive Sexual Desire Disorder	2	6
	Total	2	6
	This module covers only one course and introduces to the theory and application areas of an integrative therapeutic model including extensive explorations, diagnosis and questions of indication. It also refers to the applications that can be learned from this model and applied in individual therapeutic and counselling settings.		
	Objectives: Students that have passed the module have an in-depth theoretic knowledge of integrative therapeutic techniques and their benefits for non-therapeutic and advising fields of use (also in the sense of well-aimed referral).		
	Prerequisites: none		

6.	Compulsory Module: Sexual Violence and Work with Offenders	SSt	ECTS-Credits
a.	VU Forms of Intervention for Victims of Sexual Violence and Exploitation	2	5
b.	SE Work with Sexual Offenders	1	3
	Total	3	8
This module covers the basic diagnostic and methodological principles of forms of intervention for victims of sexual abuse and in the work with sexual offenders.			
Objectives: Students that have passed the module have theoretical and practical-relevant knowledge required for the work with abused persons. They are also familiar with the most important principles for dealing with sexual offenders and are thus able to competently refer both target groups to corresponding institutions.			
Prerequisites: none			

7.	Compulsory Module: Differential Possibilities of Sexual Development	SSt	ECTS-Credits
a.	SE Perversions	1	3
b.	SE Sexual Orientation and Gender Identity	1	2
c.	SE Transsexuality	1	2
	Total	3	7
This module deals with the emergence and forms of progression of differential, non-heteronormative and clinically perverse types of love, their prevalence, psychosocial problems for the concerned persons and their access to counselling and care.			
Objectives: Students that have passed the module have an enhanced theoretical and practice-relevant knowledge of non-heteronormative forms of love, perverse experiences and behaviours and of questions of sexual orientation, gender identity problems and transgender.			
Prerequisites: none			

8.	Compulsory Module: Discriminated Sexuality	SSt	ECTS-Credits
a.	SE Sexual Counselling for Homosexual Persons	1	2
b.	SE Sexual Counselling for Persons with Handicaps	1	2
c.	SE Sexual Counselling for Persons of an Advanced Age	1	2
	Total	3	6
This module covers the basics and particularities of questions of sexuality of persons, who still are confronted with exclusion and tabooization by society: homosexual persons, handicapped and old persons. Scientifically reflected methods of intervention and close-to-life solution patters towards non-discrimination of the mentioned groups are offered for these groups in consideration of their respective particularities for perceiving and experiencing their sexual interests and the difficulties they are confronted with.			

	<p>Objectives: Students that have passed the module know about the biological and psychosocial principles of sexual experience and behaviours of these groups, as well as of help offers for the individual cases and of structural, close-to-life models of change. They are able to apply suitable counselling and intervention forms for the respective target group, based on critical reflection of the psychosocial and social mechanisms of tabooization of the sexuality of homosexual, handicapped and old persons.</p>
	<p>Prerequisites: none</p>

9.	Compulsory Module: Scientific Supervision of the Final Thesis	SSt	ECTS-Credits
a.	<p>KO Conversation Class on the Final Thesis The conversation class supports the preparation for the final thesis with regards to content and the methodology.</p>	1	1
b.	<p>SE Final Seminar The seminar covers the presentation of preliminary talks and clarification of problems, as well as the presentation of a case including the course of the counselling, as stipulated for the final thesis (compare §7) (written account of the agreed on first preliminary talks, case interviews including a scientifically reflected case documentation).¹</p>	1	2
	Total	2	3
	<p>Objectives: Students that have passed the module are able to depict, analyse, document and present the course of practice-relevant sexual counselling interventions and case studies on a scientific basis.</p>		
	<p>Prerequisites: positively passed compulsory modules 1 to 9</p>		

¹ The organisation of the continuing education programme helps students that do not work in a respective field to get access to counselling cases/institutions.

§ 7 Final Thesis

- (1) A final thesis covering the written presentation of three preliminary talks and a case study covering at least ten hours, including a scientifically reflected case documentation must be written. The final thesis amounts to six ECTS-credits.
- (2) Programme participants must suggest in writing a supervisor for their final thesis from the available course lecturers by the end of the third semester. The supervisor is deemed to be accepted if the head of the programme does not forbid it within a month.
- (3) Students are allowed to write their thesis in a foreign language, if the course lecturer agrees to it.

§ 8 Examination Regulations

- (1) Attendance is compulsory for courses with continuous performance assessment.
- (2) Courses with continuous performance assessment are evaluated based on regular written and/or oral contributions of the students. The lecturers have to announce the methods and criteria for evaluation at the beginning of the course.

§ 9 Title of Graduates of the Continuing Education Programme

Having passed all required examinations and the final thesis the graduates receive the title “**Academic Expert for Sexual Counselling**”. This is not a professional licence.

§ 10 Coming into Force

This Curriculum comes into force one month after publication.

For the Curriculum-Committee:

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For the Senate:

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