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Health in Bogotá
Health as a Human Right

La Salud en Bogotá
Salud como un Derecho Humano

Individual Health Status Assessment

Quantitative and Qualitative Indicators



Objectives:

Development of indicators and knowledge bases relevant to participative public policy making in Bogotá, Colombia.

The System for Identification and Classification of Potential Beneficiaries of Social Programs (SISBEN) uses Proxy means testing systems. SISBEN is lacking necessary indicators for allocation. Many of the most vulnerable people of Bogotá do not get into the subsidized Health insurance system.

Method:

The SEVEN ASPECTS HEALTH QUESTIONNAIRE (HQ 7A).

Sample size: With an error degree no larger than 0.051 and a confidence interval of 95% according to the Bromaghin formula, the value calculated for the sample size is of 624 people including all socio-economic stratas of Bogotá.



SEVEN ASPECTS HEALTH QUESTIONNAIRE (HQ 7A)

Description

I. HEALTH STATUS / CONDITION FROM THE PERSON'S POINT OF VIEW

We use an adaptation of the already validated and internationally used SF36 questionnaire. It relates to the dimensions: ***psychic well-being, condition of the body-functions, social relations and functional competence.***

II. PAST HISTORY OF ILLNESSES AND PRESENT ILLNESSES

1. *Diagnosis*
2. *Treatment*
3. *Access to medical services*
Efficacy of treatment

III. CURRENT DAILY LIFE

1. *Medication*
2. *Consumption of nicotine and/or alcohol*
3. *Preventive measures/ behavior*
4. *Health risk factors*
5. *Nutritional habits*
6. *Sexual life/ activity*

IV. FAMILY LIFE

1. Children
2. Pregnancies
3. Abortions
4. Housing
5. Access to public services
6. Quality of public services

Participation in decision-making process of socio-economic issues

V. PLACE OF RESIDENCE, EDUCATION AND WORK SITUATION

1. Social participation
2. Education Rights

VI. SOCIAL RELATIONSHIPS

1. Social network
2. Quality of social relationships
3. Civilian security

Human Rights: civil, social and cultural

VII. QUESTIONS REGARDING THE FUTURE

Emotions, feelings and thoughts

Achievements:

Development of a standardized health-questionnaire (the HQ 7A) as a measurement instrument that follows the ruling biomedical, psychic and social standards of objectivity, reliability and validity.

Development of a group of key public health indicators in order to build a comparative database.

The Seven Aspects Health Questionnaire identifies the needs of the people asking the people themselves.

Starting a participative health constructing process:

Reading the Seven Aspects Health Questionnaire the interviewed persons learn about the complexity of their health situation and get information on essential health preventive behaviour. The interviewer gets precious information and shares live conditions of which he or she was not aware of before.



Stephan P. Leher SJ was born 1956 in Linz on the Danube, Austria.

Since February 1980 he is a Jesuit. In January 1980 he took at the University of Vienna the degree *Doctor medicinae universalis*, in 1983 at the Centre Sèvres in Paris a licence of philosophy, in 1987 a Masters degree of theology in Frankfurt and in 1991 in Rome the Doctor theologiae. 1997 habilitation at the University of Vienna in Ethics. Since 1992 he serves on different ethical boards and commissions and is teaching medical ethics at the Medical University of Innsbruck. In 2002 he was appointed Professor for Ethics at the University of Innsbruck. Since 1997 cooperation with the Javeriana University in Bogotá on Human Rights and Public Health research.