



# Pollen monitoring report Obergurgl

May 08<sup>th</sup> 2026

## The birch pollen season is ongoing in Obergurgl!

### Innsbruck (615 m a.s.l.)

Birch ● Grasses ●

Beech ● Plantain ●

Oak ● Dock/Sorrel ●

### Obergurgl (1940 m a.s.l.)

Birch ● Grasses ●

Beech ● Plantain ●

Oak ● Dock/Sorrel ●

#### Risk classes

● absent/very low

● low

● moderate

● high

### IN A NUTSHELL

At the elevation of Obergurgl, birch pollen currently remains the dominant allergenic pollen type, while grass pollen concentrations are still low. We will continue to monitor developments closely and keep you informed.

Our pollen measurements in Obergurgl are ongoing, and we continue to provide weekly updates on the local pollen situation.

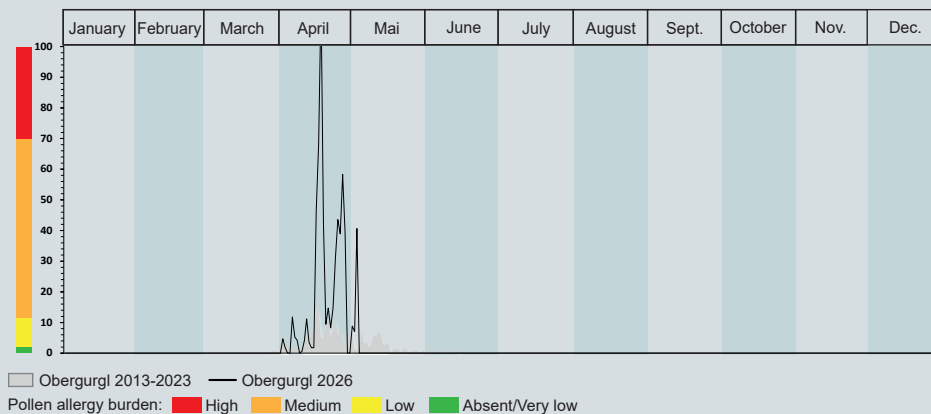
Pollen from spruce and pine are also strongly increasing and currently dominate a large part of the airborne pollen spectrum.

Tyrol overview: In Tyrol, birch pollen concentrations are now decreasing in many valley areas, while the grass pollen season is beginning and gradually becoming more important. Beech and oak pollen are still present and may continue to cause symptoms in individuals sensitised to birch pollen due to cross-reactivity. Grass pollen concentrations are currently low to moderate depending on the location and are expected to continue increasing in the coming days.

Obergurgl situation: In Obergurgl, birch pollen remains the main allergenic challenge. At the altitude of Obergurgl, birch pollen concentrations can currently reach moderate levels, while locally high concentrations can occur at medium elevations lower in the valley. This continues to represent a challenging period for individuals with birch pollen allergies. In the coming days, unstable weather conditions and periods of precipitation

may provide temporary relief for allergy sufferers. Grass pollen is now also being detected in Obergurgl. However, the allergenic burden from grasses remains low at this altitude for the moment. Obergurgl therefore continues to be a favourable place for individuals with grass pollen allergies compared to lower elevations. Important pollen loads from conifers such as spruce and pine are also currently being recorded in Obergurgl. Their characteristic yellow deposits are visible on cars, windowsills, outdoor furniture, and in puddles. Although these pollen types are not allergenic, they can cause mild irritation, such as a foreign body sensation in the eyes.

### Birch pollen concentration (pollen/m<sup>3</sup> of air)



Picture. Catkins of birch trees.