



Pollen monitoring report Galtür

May 29th 2026

Grass pollen season reaches Galtür – birch pollen remains unusually persistent!

Innsbruck (615 m a.s.l.)

Birch ● Grasses ●
 Alder ● Plantain ●
 Oak ● Dock/Sorrel ●

Galtür (1579 m a.s.l.)

Birch ● Grasses ●
 Alder ● Plantain ●
 Oak ● Dock/Sorrel ●

Risk classes ● absent/very low ● low ● moderate ● high

IN A NUTSHELL

Allergenic pollen levels in Galtür have increased in recent weeks. While birch pollen is gradually declining, grasses and green alder are now the main contributors to the local allergenic burden.

Spring continues to progress at different speeds across Tyrol, and it is now reaching the altitude of Galtür. Pollen conditions are entering a new phase as grass flowering becomes increasingly important alongside green alder.

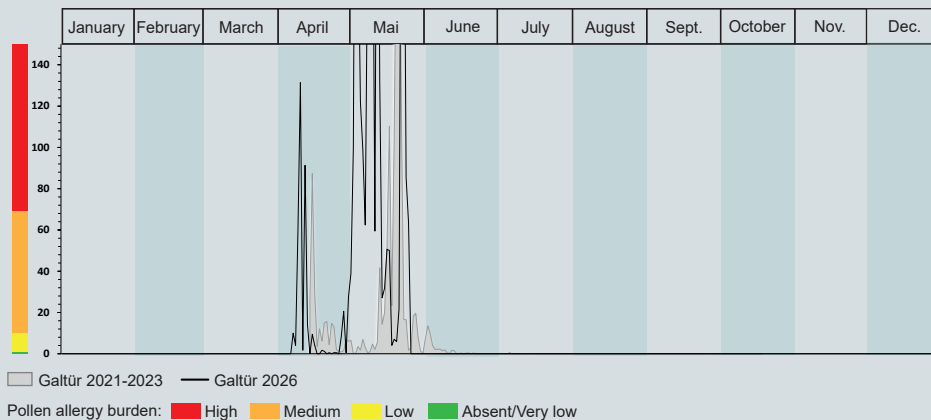
Tyrol overview: Warm and sunny weather over the past days has strongly favoured grass development and pollen release across Tyrol. As a result, the allergenic burden from grass pollen has increased considerably throughout the region. Depending on the location, grass pollen concentrations are now reaching moderate to high levels, making grasses the dominant allergenic pollen type at present. Particularly high concentrations are being recorded near meadows, pastures, and other grass-rich landscapes. At the

same time, birch pollen concentrations continue to decline across most parts of the region, while green alder is now in full bloom at higher elevations.

Galtür situation: In Galtür, birch pollen concentrations remain elevated despite an overall declining trend in the region. Following a renewed flowering peak during the past week, locally moderate allergenic burdens may still occur. The birch pollen season has been unusually intense and prolonged this year. Grass flowering is now well underway around Galtür. Grass pollen concentrations have increased and can currently reach moderate to locally high levels. In addition, plantain and dock/sor-

rel pollen are present and contribute to the overall allergenic burden. Individuals sensitive to grass pollen may therefore increasingly experience symptoms in and around Galtür. Green alder is now in full bloom around Galtür and also contributes to the local allergenic burden. Moderate to locally high allergenic burdens may occur in some areas. Spruce and pine are currently in full bloom and release large quantities of pollen into the air. Although their characteristic yellow deposits are now visible on many surfaces, these pollen types are not considered allergenic and do not represent a significant concern for allergy sufferers.

Birch pollen concentration (pollen/m³ of air)



Picture. Catkins of birch trees.