



# Pollen monitoring report Galtür

July 25<sup>th</sup> 2025

## Good news for allergy sufferers: low grass pollen in Galtür!

### Innsbruck (615 m a.s.l.)

### Galtür (1579 m a.s.l.)

Grasses	●	Mugwort	●	Grasses	●	Mugwort	●
Plantain	●	Alder	●	Plantain	●	Alder	●
Dock/Sorrel	●	Fungal spores	●	Dock/Sorrel	●	Fungal spores	●
Risk classes				●	●	●	●
				absent/very low	low	moderate	high

### IN A NUTSHELL

Grass pollen levels are currently low and unlikely to cause symptoms for most people. The rainy weather in the coming days will also help clear the air and keep pollen levels down.

The grass pollen season is continuing at a lower intensity in most of the Tyrolean valleys, as grasses at lower elevations have largely finished flowering. In Galtür, a similar trend is now being observed, with generally low grass pollen levels.

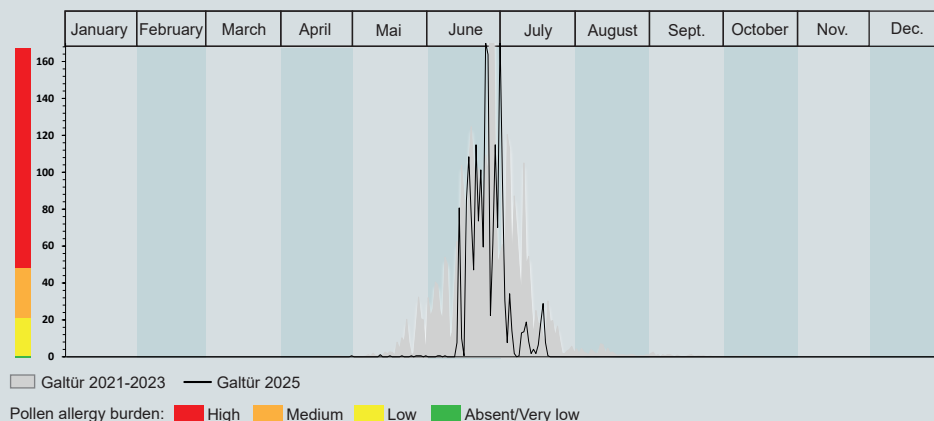
Tyrol overview: Grass pollen levels are currently low across Tyrol. However, moderate levels may still occur above 1500 m and near maize (corn) fields. Small amounts of plantain and dock/sorrel pollen are also in the air and may cause symptoms in those sensitive to grass pollen. Mugwort season is just

beginning, with only a few grains detected so far. Stinging nettle pollen is widespread but usually causes few allergy problems. Fungal spores are now increasing and may reach moderate to high levels, which can also trigger symptoms in sensitive individuals.

Galtür situation: In Galtür, grass pollen levels are now consistently low and mostly below the threshold that typically triggers allergy symptoms. On sunny days and in specific locations, such as near meadows and pastures, moderate pollen levels may still occur,

but these remain isolated cases. The expected rainy weather in the coming days will help to clear the air of pollen. Low amounts of plantain and dock/sorrel pollen are also present. Other types, such as pine pollen, are currently in the air but are rarely allergenic. Finally, fungal spore concentrations are rising significantly, as in the rest of the region, and may now reach levels that can cause symptoms in sensitive individuals.

### Grass pollen concentration (pollen/m<sup>3</sup> of air)



Picture: Grasses in bloom (photo by S. Suttner).