



Pollen monitoring report Obergurgl

May 29th 2026

Low grass pollen levels in Obergurgl – green alder now the main allergenic pollen type!

Innsbruck (615 m a.s.l.)

Birch ● Grasses ●

Alder ● Plantain ●

Oak ● Dock/Sorrel ●

Obergurgl (1940 m a.s.l.)

Birch ● Grasses ●

Alder ● Plantain ●

Oak ● Dock/Sorrel ●

Risk classes ● absent/very low ● low ● moderate ● high

IN A NUTSHELL

Obergurgl remains a favourable destination for individuals with grass pollen allergies. While grass pollen concentrations remain low, green alder pollen is currently the main contributor to the local allergenic burden.

Spring continues to progress at different speeds across Tyrol and is now reaching the altitude of Obergurgl. Pollen conditions are entering a new phase in which green alder is becoming increasingly important, while grass flowering is starting.

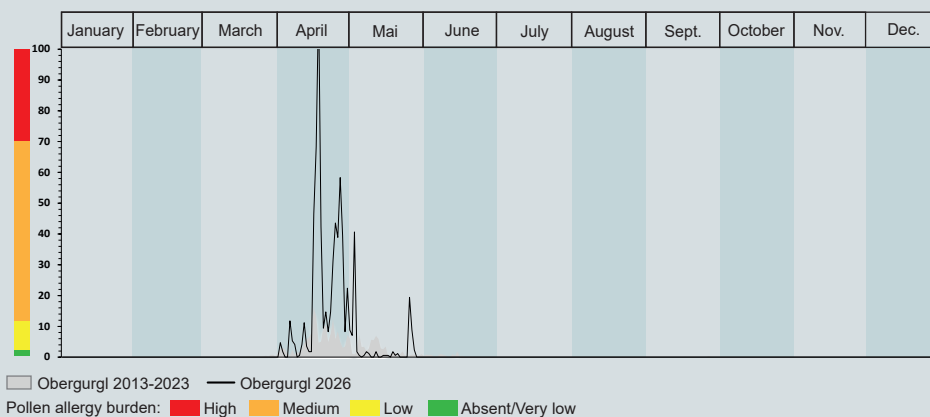
Tyrol overview: Warm and sunny weather over the past days has strongly favoured grass development and pollen release across Tyrol. As a result, the allergenic burden from grass pollen has increased considerably throughout the region. Depending on the location, grass pollen concentrations are now reaching moderate to high levels, making grasses the dominant allergenic pollen type at present.

Particularly high concentrations are being recorded near meadows, pastures, and other grass-rich landscapes. At the same time, birch pollen concentrations continue to decline across most parts of the region, while green alder is now in full bloom at higher elevations.

Obergurgl situation: Grass pollen concentrations remain low in Obergurgl. Although grass flowering has begun, the delayed vegetation development at this altitude means that the allergenic burden from grasses remains limited. Compared to lower elevations, where moderate to high grass pollen burdens are currently being recorded, Obergurgl

continues to offer favourable conditions for individuals with grass pollen allergies. The allergenic burden from birch pollen is currently low around Obergurgl. In contrast, green alder is now in full bloom and has become the main contributor to the local allergenic burden. Green alder pollen can currently reach moderate to locally high levels in the area. Spruce and pine are also in full bloom and release large quantities of pollen into the air. Although their characteristic yellow deposits are now visible on many surfaces, these pollen types are not considered allergenic and do not represent a significant concern for allergy sufferers.

Birch pollen concentration (pollen/m³ of air)



Picture. Catkins of birch trees.