



Pollen monitoring report Obergurgl

July 11th 2025

Weather conditions help to lower grass pollen in Obergurgl!

Innsbruck (615 m a.s.l.)

Grasses Mugwort

Plantain Alder

Dock/Sorrel Fungal spores

Risk classes absent/very low

Obergurgl (1940 m a.s.l.)

Grasses Mugwort

Plantain Alder

Dock/Sorrel Fungal spores

Risk classes low moderate high

IN A NUTSHELL

Grass pollen levels in Obergurgl are starting to decline, but allergy sufferers should stay alert. Sunny weather later in the week may lead to moderate pollen levels again.

In the Tyrolean valleys, grass pollen levels continue to decline. Recent rainy weather, and even fresh snow on the mountain tops, has helped to clear the air of pollen. In Obergurgl, levels have also dropped thanks to the cooler, unsettled conditions. However, allergy sufferers should stay alert as once the sun returns and the weather turns warmer and drier, pollen levels are likely to rise again.

Tyrol overview: Over the past two weeks, grass pollen levels have gradually decreased in the lower Tyrolean valleys, helped by the rainy weather and fresh snow at higher altitudes. Despite this, sunny periods may still lead to moderate pollen levels,

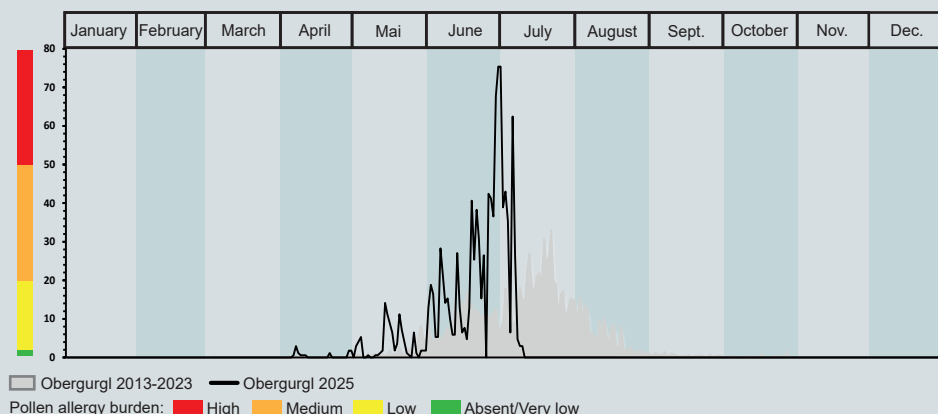
especially near meadows. Plantain and dock/sorrel pollen remain present, adding to the allergy burden. Sweet chestnut pollen is also in the air at low levels and may cause cross-reactions in people allergic to birch. Other pollen types are present in the air but they are not allergenic. Fungal spores are currently at moderate to high levels and may trigger symptoms.

Obergurgl situation: The peak has now passed, and pollen levels are beginning to decline in Obergurgl. However, allergy sufferers should remain cautious as with sunnier weather expected in the second half

of the week, pollen levels may rise again and could still reach moderate levels. In addition to grass pollen, plantain and dock/sorrel are currently abundant and may worsen symptoms for those already sensitive. Pine pollen is also widespread, but it generally has low allergenic potential and rarely causes symptoms in most people.

Stay informed and take precautions. Being aware of current pollen levels in Obergurgl is essential for managing your allergy symptoms. Follow our regular updates and take appropriate precautions to reduce exposure. With the right measures, you can make the most of the season and continue enjoying time outdoors.

Grass pollen concentration (pollen/m³ of air)



Picture. Grass-dominated meadow landscape.