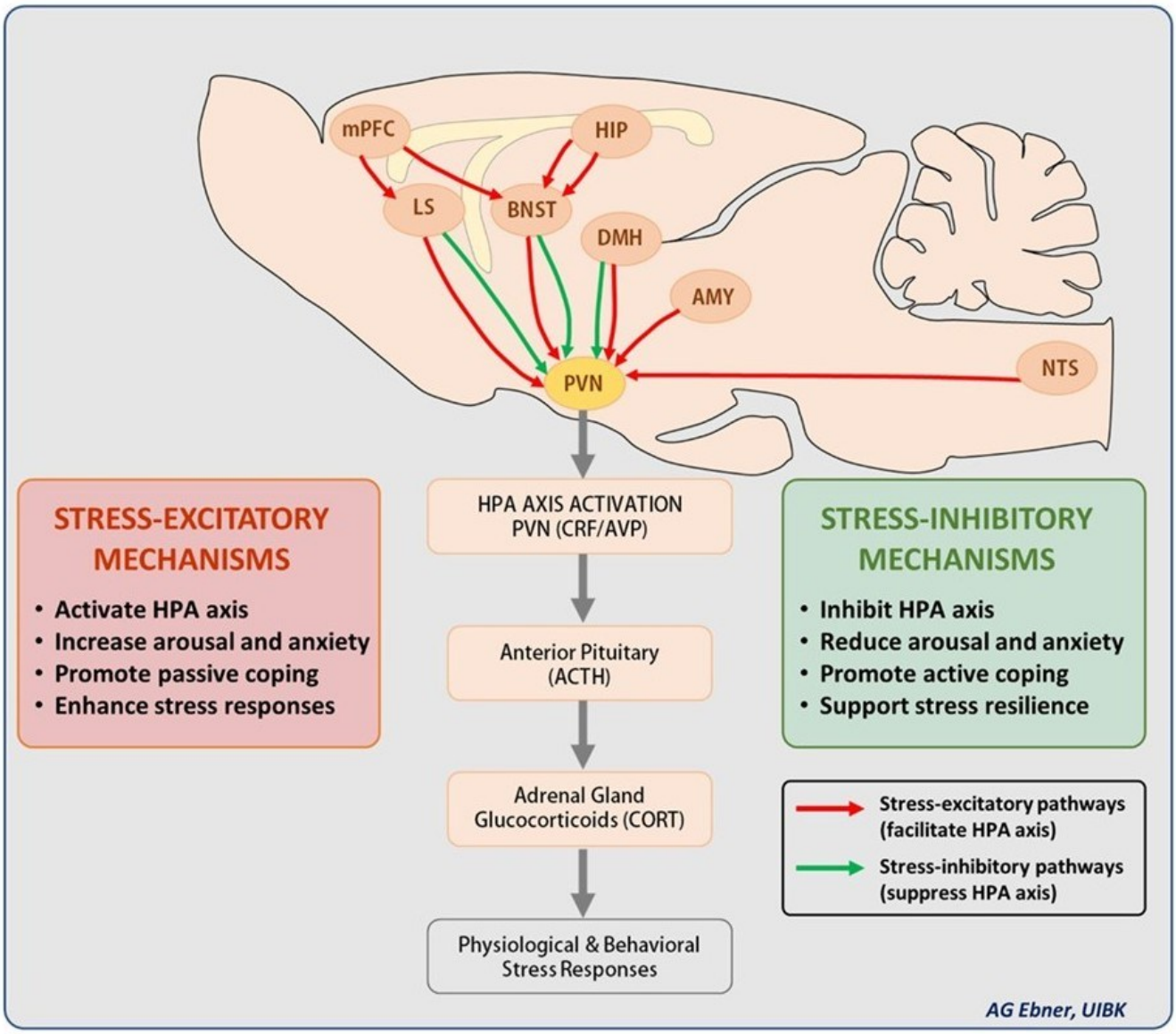Stress-Excitatory vs. Stress-Inhibitory Brain Mechanisms