









# Pollen monitoring report Galtür

May 23<sup>rd</sup> 2025

## Galtür still experiences prolonged low pollen loads!

### Innsbruck (615 m a.s.l.)

Birch  Grasses   
Alder  Plantain   
Oak  Dock/Sorrel 


### Galtür (1579 m a.s.l.)

Birch  Grasses   
Alder  Plantain   
Oak  Dock/Sorrel 

#### Risk classes

 absent/very low

 low

 moderate

 high

### IN A NUTSHELL

For now, Galtür continues to maintain consistently low allergen levels.

Those sensitive to pollen may find relief in higher-altitude locations such as Galtür, where current pollen levels are still low, unlike the moderate to high exposure observed at lower elevations (lower than 1500 m).

Tyrol overview: Grass pollen levels in the Tyrolean valleys remain moderate, with local peaks near meadows and grass-rich areas. Weather conditions, especially alternating sun and rain, continue to influence pollen concentrations.

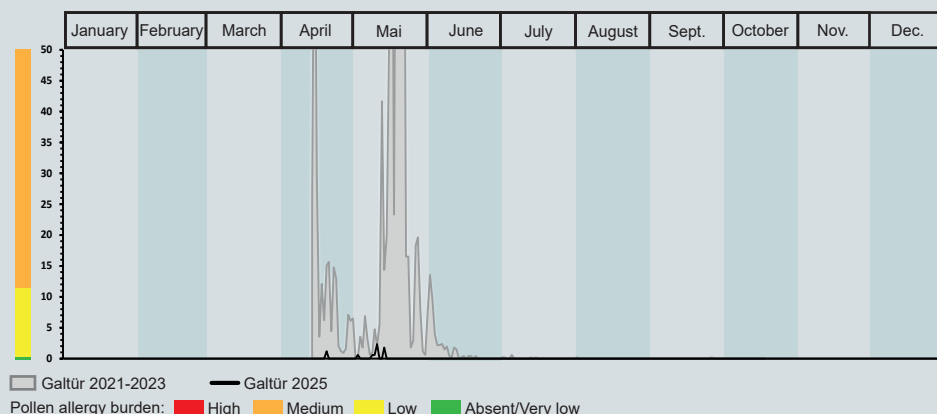
Plantain and dock/sorrel pollen are on the rise and may intensify symptoms in individuals sensitive to grass pollen. The birch pollen season is coming to an end in the valleys, while green alder is now blooming at higher elevations, though its allergenic impact remains low. Spruce and pine pollen currently dominate the airborne pollen spectrum, but they have little allergenic relevance.

Galtür situation: Pollen conditions in Galtür remain more favorable than at lower elevations.

Levels of grass and birch pollen are low, while small amounts of green alder pollen have started to appear as flowering begins in the area. This trend of low pollen concentrations is expected to continue over the coming days.

It is important to mention that rain limits pollen dispersal, while warm, dry, sunny conditions increase airborne pollen levels. Understanding these effects is essential for accurate pollen forecasts and effective allergy management.

### Birch pollen concentration (pollen/m<sup>3</sup> of air)



Picture. Birch catkins.