

Everyday Life in Innsbruck

- Cost of Living
- Shopping
- Bank/Post Office
- Telephones and Mobile Phones
- Transport
- Emergencies
- Internet/WLAN



→ Cost of Living

Accommodation	€ 350
Food	€ 250
Books and entertainment	€ 200
	€ 800

This can only be a **rough estimate**, always depending on your personal life style. There may be big differences.

→ Shopping

Shops are usually open from Mon-Fri 9:00-18:30. Food shops often open earlier and close later (e.g. M-Preis). Most shops also open on Saturdays until 17:00. There is a supermarket at the main train station which is open every day from 6:00-21:00.

Most shops and restaurants accept the credit cards "Mastercard", "Visa", and "American Express". We do however recommend asking in advance.

→ Bank/Post Office

It is best to ask at your home bank before leaving about the cheapest way to transfer money to Austria. In Innsbruck **banks** are usually open approx. Mon-Fri 9:00-12:00 and 14:30-16:00. They are closed on weekends. Cash points can be found near the entrance of most banks. Before opening a bank account ask about the conditions. Most banks offer special packages for students.

Students staying at WIST student hostels must open a bank account and pay the rent by standing order!

Post offices also offer banking services. Post offices are usually open from 8:00-12:00 and 14:00-17:00. Some on Saturday from 8:00-12:00. You can also send a fax from Austrian post offices.

Stamps are sold in post offices and at a newspaper kiosk.

Everyday Life in Innsbruck

→ Telephones and Mobile Phones

Coin and card operated public telephone boxes may be found in the streets and in the post offices. Phone cards are obtainable at all tobacconist shops "Trafik". Costs for phone calls vary according to the time of day, from 18:00-8:00, Saturday and Sundays it is cheaper. Details can be found on the first pages of the phone book.

The telephone code for Austria is the country code 0043 and area code (0)512 for Innsbruck. If your family wishes to call you they must dial 0043 512 and then your number. The Austrian telephone book can be found here www.etb.at.

Mobile Phones

Austria has one of the highest number of mobile telephones in the world. For this reason there are very few public telephone boxes now. Please contact one of the following providers if you wish to buy a mobile phone or a SIM card for your mobile phone:

A1 SHOP	Wilhelm-Greil-Str. 21, Tel. +43 (0) 512 560440	www.mobilkom.at
ORANGE SHOP	Kaufhaus Tyrol, Maria-Theresien-Str. 29-35, Tel. 0800 699889	www.orange.at
TELERING SHOP	Leopold-Str. 2, Tel. 0800 650625	www.telering.at
3STORE	Museumstr. 3, Tel. 0800 303030	www.drei.at

→ Transport



BUS AND TRAM

The 'Innsbruck-Ticket Student' offers you the opportunity to travel for the whole semester, including the Hungerburgbahn to the mountains and also the "Nightliner". This ticket costs € 122.50 for 6 months. You will also need proof of registration (Inskribitionsbestätigung) as a student. The application form can be found here: <http://www.ivb.at/de/ticketstarife/lbk-tickets/weitere-tickets/innsbruck-ticket-student.html>

TRAIN

With the "Vorteilscard" (discount pass) you can buy your train tickets at almost half price. This card costs € 19.90 for students under 26 and is valid for 12 months. It is available at the main station with confirmation of registration and a photo.

www.oebb.at

Everyday Life in Innsbruck

BICYCLE

Innsbruck is a relatively small city and going short distances by bicycle is very easy. Cheap bicycles and second-hand bikes are easily available in different shops.

www.fahrrad-innsbruck.at
www.bike-point.at
www.inntour.com
www.bkd.at

→ Emergencies

If you have an emergency dial:

Emergency calls:	
Fire Brigade	122
Police	133
Ambulance	144
Mountain Rescue Service	140
European Emergency Call Number	112

In case you need a doctor, please contact the IWW-Office for help and advice.
In urgent medical cases, please go to the hospital - health care centre ("Unfallambulanz" - emergency unit) Tel.: +43 (0) 512 504-0, opposite the Old University Building at Innrain/Anichstraße

Innsbruck Hospital → www.tilak.at

In case you have an accident or if you have to stay in hospital, please inform us (IWW-Office, Tel. +43 (0) 512 507 7561)! We can then inform professors and help you if you need anything.

→ Internet/WLAN

Internet and WLAN at the University

Internet and WLAN are available at the university, which you can use as a **registered** student. You will get the access data (**user name** and **password**) and from the admission office when you register. In order to use WLAN you have to configure your computer first.

Please see ,Konfigurationsanleitung für Wireless LAN (WLAN) →
https://www.uibk.ac.at/zid/basicauth/validate.pl?r=https://www.uibk.ac.at/zid/netz-komm/plug- inn/wlan/wlan_config.html

Internet at the Students Hostels

Most students hostels have Internet and WLAN. Please ask at the students hostel management.