



# Pollen monitoring report Galtür

June 05<sup>th</sup> 2026

## Grass pollen season now fully underway in Galtür – green alder is the main allergenic pollen type!

Innsbruck (615 m a.s.l.)

Birch ● Grasses ●

Alder ● Plantain ●

Oak ● Dock/Sorrel ●

Galtür (1579 m a.s.l.)

Birch ● Grasses ●

Alder ● Plantain ●

Oak ● Dock/Sorrel ●

Risk classes

● absent/very low

● low

● moderate

● high

### IN A NUTSHELL

Allergenic pollen levels in Galtür remain elevated. While birch pollen is no longer a major factor, grass and green alder pollen are currently the main contributors to allergy symptoms in the area.

After several weeks dominated by birch pollen, the allergenic situation in Galtür is now shifting. Grass pollen concentrations are increasing steadily, while green alder remains in full bloom and continues to contribute substantially to allergy symptoms.

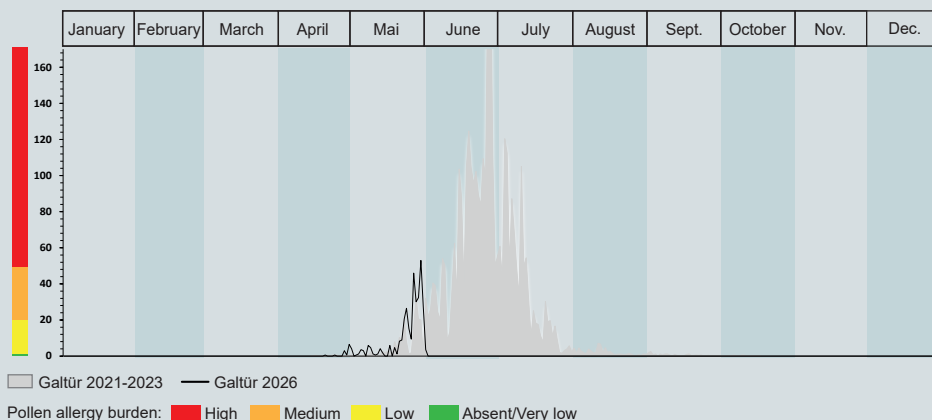
Tyrol overview: Grass pollen season has now reached the entire altitudinal range of Tyrol. While the highest pollen concentrations continue to be recorded in valley bottoms and lower elevations, grass pollen is now also affecting higher-altitude areas. As a result, allergenic burdens remain elevated across much of the region. At the same time, green alder is in full bloom at medium and higher altitudes and is contributing substantially to allergenic burdens in these

areas. Following an unusually long and intense season, the birch pollen season has now officially ended across Tyrol.

Galtür situation: In Galtür, the birch pollen season has now largely ended, and allergenic burdens from birch pollen have decreased to low levels. After an unusually long and intense season, birch pollen no longer represents a major contributor to allergy symptoms in the area. Grass flowering is now well underway around Galtür, and the grass pollen season has fully started. Grass pollen concentrations continue to increase and can currently reach moderate to locally high levels.

Individuals with grass pollen allergies should therefore be prepared for increasing symptoms. In addition to grass pollen, plantain and dock/sorrel pollen are also present in the air and contribute to the overall allergenic burden. Green alder remains the most important allergenic pollen type around Galtür. Green alder is currently in full bloom and continues to produce high allergenic burdens across the area. Individuals sensitive to green alder pollen may therefore continue to experience pronounced symptoms. Spruce and pine are also releasing large quantities of pollen into the air. Although their characteristic yellow deposits are visible on many surfaces, these pollen types do not represent a significant concern for allergy sufferers.

### Grass pollen concentration (pollen/m<sup>3</sup> of air)



Picture. Green alder with pollen-producing male catkins (© Sandra Suttner)