



Pollen monitoring report Galtür

May 15th 2026

Grass pollen season begins in the valleys – birch pollen exposure in Galtür still present, but declining!

Innsbruck (615 m a.s.l.)

Birch ● Grasses ●
 Beech ● Plantain ●
 Oak ● Dock/Sorrel ●

Galtür (1579 m a.s.l.)

Birch ● Grasses ●
 Beech ● Plantain ●
 Oak ● Dock/Sorrel ●

Risk classes ● absent/very low ● low ● moderate ● high

IN A NUTSHELL

For the time being, Galtür remains a favourable destination for individuals with grass pollen allergies, while birch pollen exposure is still present but expected to gradually decline in the coming days.

Spring is progressing at different speeds across Tyrol depending on elevation, and pollen conditions in Galtür are now also gradually changing with the transition from the birch to the grass pollen season.

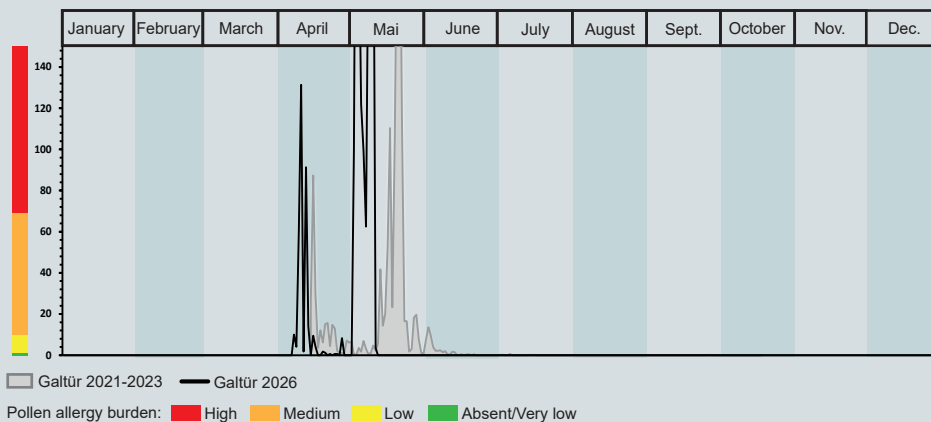
locally high levels, especially in valley bottoms and lower elevations. Birch pollen concentrations have now substantially decreased across most of the region, while oak and beech pollen are also continuing to decline.

the long-term average. Grass pollen concentrations are slowly increasing around Galtür. At present, the allergenic burden from grasses remains low, and compared to lower elevations, where moderate to locally high allergenic exposure may already occur, Galtür continues to be a favourable location for individuals with grass pollen allergy. In addition, green alder is now beginning its flowering period at higher elevations around Galtür. Although the current allergenic burden remains low, pollen concentrations are expected to gradually increase during the coming week.

Tyrol overview: Over the past days, unstable weather conditions and periods of precipitation have significantly reduced airborne pollen concentrations and the associated allergenic burden across Tyrol. From Sunday onwards and during the coming week, warmer, sunnier, and drier weather conditions are expected to return. This will strongly favour pollen production and dispersal and lead to increasing allergenic burdens across the region. Grass pollen is now becoming the dominant allergenic factor in Tyrol, with concentrations expected to rise rapidly and potentially reach moderate to

Galtür situation: In Galtür, birch pollen concentrations can still reach moderate to locally high levels. However, the allergenic burden from birch pollen is expected to decrease over the coming days as the flowering period progresses. Individuals with birch pollen allergy should therefore continue to exercise caution during the coming week, after which some relief is expected. Birch flowering in Galtür started earlier than usual this year and is currently running approximately two weeks ahead of

Birch pollen concentration (pollen/m³ of air)



Picture. Catkins of birch trees.